

Parenting in the **WILD**

NATURE BENEFITS MORE THAN JUST THE KIDS



BENEFITS FOR PARENT + CHILD

Nature school doesn't just spark curiosity and resilience in kids—it transforms us as parents, too. It slows us down, reconnects us with wonder, and turns simple moments outside into tiny shifts for both parent and child.

CONFIDENCE & GROWTH

Our mission is simple: empower parents to become their child's most influential teacher. Stepping into this role builds confidence, deepens intuition, and fills your heart in ways drop-off never could.

DAILY DOSE OF PHYSICAL ACTIVITY

Outdoor learning keeps everyone moving—and yes, wrestling small humans into winter gear absolutely counts as cardio. With programs like Little Tweets, you'll wander, climb, and explore right alongside your kids.

SERIOUS STRESS & ANXIETY RELIEF

Nature is the ultimate reset button, quickly softening anxiety and clearing mental fog. A few minutes outside with your child brings you back to what matters, and it feels like magic every time.

BUILDING A SUPPORT COMMUNITY

Parent-led programs naturally connect you with families who share your values and rhythm. Weekly meetups turn into real friendships—steady, grounding, and rare in adulthood.

CHILD EXPERTS ALL AROUND US

OSK is full of parents with backgrounds in education, early childhood development, and therapy. It's like a built-in parenting masterclass where everyone shares openly and no one pretends to have it all figured out.

ACTUALLY BECOME A NATURALIST

Spend enough time outside and you'll start recognizing trees, tracks, birds, and bugs you never noticed before. OSK's guides make it playful and easy, and before long you're the neighborhood nature expert.

TIME FOR REFLECTION & PATIENCE

Outdoor learning naturally slows life down and makes room for reflection, connection, and noticing the small moments. It also builds patience—especially when navigating weather, mud, and the Olympic sport known as “toddler pace.”